

# FY 2024 Notes regarding the Regular Health Checkup for students (Tokiwa campus)

Please read the following points carefully. Thank you for your cooperation.

## 1. Advance reservation is required.

You need to make a **reservation by yourself in advance through the "Web reservation page"**.

※As a general rule, please take the health checkup in affiliation campus. If you want to take the health checkup in another campus because of circumstances, please be sure to contact to the Health Science Center of your affiliation campus in advance.



## 2. Please fill in the "Web Interview Form" in advance.

Enter by the day before the appointment for health checkup.

We appreciate your understanding and cooperation in order to carry out the tests smoothly.

- In order to avoid congestion, as a general rule, **please turn up within your reserved time.**
- Please **wear a mask** during the health checkup.
- If you have a fever or cold symptoms, you are not eligible to take the health checkup. Please do not come to the venue.

### **【Health checkup period (Tokiwa campus)】**

April 23 (Tue), 2024 to May 1 (Wed), 2024

- Excluding Saturdays and Sundays. Morning only on May 1

In April 2024, the name of the Health Administration Center will be changed to the Health Science Center.

### **【Health checkup reception】**

Health Science Center (1st floor of conference building)

### **【What to bring】**

- **Student ID card**
- Don't bring valuables. (There are no lockers in the health checkup venues.)



### **【Clothes】**

- Please wear clothes that can be put on and taken off quickly.
- In the chest X-ray test, **a thin, plain T-shirt** can be left on. (Those with metal or plastic parts for adjusting shoulder straps and those with built-in bras should be avoided.)
- Please remove all jewelry before you come.

For inquiries regarding health checkup procedures, please contact the Health Science Center.

## ■ Test subjects, testing order and related notes

1	Information desk	- If you have a fever, you will not be able to receive the health checkup.
2	Height and weight	- Measurement can be taken while wearing socks.
3	Blood pressure	- If you are wearing a heavy top, please take it off before the test. - Relax, and your right arm will be measured.
4	Chest X-ray	- <b>Please wear a plain T-shirt in advance.</b> (No examination gowns available) You can only wear clothes with no buttons, decoration, print, zippers, embroidery or built-in bra cups to prevent them from showing in the X-ray photograph. - Please remove all jewelry. - If you have long hair, please make sure to put your hair up before taking the test, so that it doesn't come down below your shoulders.

5	Urinalysis	- We hand inspection container to all. (Submit later.)
6	Interview & confirmation of the result	- Check the measurement results. Confirmation the input contents of the interview form, etc.
7	Electrocardiogram	(Applicable to only those who are instructed) - Electrodes will be attached to your wrists, ankles, and chest. Please wait with your pants rolled up. - Please take off your stockings or tights.
8	Physical examination	(Applicable to only those who are instructed) - Interview by a doctor.

## ■ Retest notifications

Those who need re-examination will be notified in order by phone or e-mail.

If we cannot contact you, we may notify your faculty with a request to recommend you visit the Health Science Center for your retest.

Health Science Center

TEL : 0836-85-9041

Mail : [hoken-ko@yamaguchi-u.ac.jp](mailto:hoken-ko@yamaguchi-u.ac.jp)



## ■ Health certificates

The Health certificate will be issued on the following schedule.

Application is at the Health Science Center reception. Student ID required.

**Health certificate issuance period: May 22 (Wed), 2024 to March 31 (Mon), 2025**

## ■ Checking your health checkup results on the website

You can view your health checkup results on the Health Science Center website. In order to view the results, you need the login name and password on your "Yamaguchi University Educational Campuswide Computing System user registration card", which was distributed at the time of your admission. Since the results for some of the tests cannot be given on the day of the health checkup, please make sure to check.

\* The health checkup results viewing page can only be accessed from within the campuses.

**Health checkup results viewing period: from May 29 (Wed), 2024**



Health Science Center  
(Health Administration Center)

(2024.3)