

FY 2025 Notes regarding the Regular Health Checkup for students (Tokiwa campus)

Please read the following points carefully. Thank you for your cooperation.

1. Advance reservation is required.

You need to make a reservation by yourself **in advance** through the "Web reservation page".

The QR code on the right can be used to complete the health checkup procedures.

Enter by the day before the appointment for health checkup.



2. Please fill in the "Web Interview Form" in advance.

Please complete the answers to the "Web Interview Form" by the date and time of your own health checkup appointment.

We appreciate your understanding and cooperation in order to carry out the tests smoothly.

- To avoid congestion, **please arrive within your reserved time slot** as a general rule..
- Please **wear a mask** during the health checkup.
- If you have a fever or cold symptoms, you are not eligible to take the health checkup. Please do not come to the venue.

【Health checkup period (Tokiwa campus)】

April 22 (Tue) - May 1 (Thu), 2025

- Excluding Saturdays and Sundays. Morning only on May 1

For inquiries regarding health checkup procedures, please contact the Health Science Center.

【Health checkup reception】

Health Science Center (1st floor of conference building)

【What to bring】

- Student ID card
- Don't bring valuables. (There are no lockers in the health checkup venues.)



【Clothes】

- Please wear clothes that can be quickly put on and taken off.
- For the chest X-ray, **a thin, plain T-shirt** can be worn. (Avoid T-shirt with metal or plastic parts, such as adjustable shoulder straps or built-in bras.)
- Please remove all jewelry before you come.

■ Test subjects, testing order and related notes

1	Information desk	- If you have a fever, you will not be able to receive the health checkup.
2	Height and weight	- Measurement can be taken while wearing socks.
3	Blood pressure	- If you are wearing a heavy top, please take it off before the test. - Relax, and your right arm will be measured.
4	Chest X-ray	- Please wear a plain T-shirt in advance. (No examination gowns available) You can only wear clothes without buttons, decorations, prints, zippers, embroidery, or built-in bra cups to avoid them showing in the X-ray. - Please remove all jewelry. - If you have long hair, please tie it up so it doesn't fall below your shoulders during the test.
5	Urinalysis	- We will provide an inspection container for all to submit later. *Please collect your urine at home and submit it to the Health Science Center within the specified period.

6	Interview & confirmation of the result	- We will review the "Web Interview Form," check the test results, and provide instructions for any retests or additional tests if necessary.
7	Electrocardiogram	(Applicable to only those who are instructed) - Electrodes will be attached to your wrists, ankles, and chest. Please wait with your pants rolled up. - Please take off your stockings or tights.
8	Physical examination	(Applicable to only those who are instructed) - Interview by a doctor.

■ Retest notifications

Those who need re-examination will be notified in order by phone or e-mail.

If we cannot contact you, we may ask your supervisor to recommend you visit the Health Science Center for the retest.

Health Science Center

TEL : 0836-85-9041

Mail : hoken-ko@yamaguchi-u.ac.jp



■ Health certificates

The Health certificate will be issued on the following schedule.

Application is at the Health Science Center reception. Student ID required.

Health certificate issuance period: May 22 (Thu), 2025 to March 13 (Fri), 2026

■ Checking your health checkup results on the website

You can view your health checkup results on the Health Science Center website. In order to view the results, you need the login name and password on your "Yamaguchi University Educational Campuswide Computing System user registration card", which was distributed at the time of your admission. Please note that some test results may not be available on the day of the health checkup, so be sure to check.

* The health checkup results viewing page can only be accessed from within the campuses.

Health checkup results viewing start: from May 28 (Wed), 2025



Health Science Center