

FY 2026 Notes regarding the Regular Health Checkup for students (Tokiwa campus)

Please read the following carefully. We appreciate your cooperation for a smooth checkup.

- To avoid congestion, **please arrive within your reserved time slot.**
- Please **wear a mask** during the health checkup.
- If you have a fever or cold symptoms, please do not come for your checkup.

Please make a reservation and fill out the medical questionnaire in advance. Please complete these steps as soon as possible.



【Health checkup period (Tokiwa campus)】

April 21 (Tue) - April 30 (Thu), 2026*Excluding Saturdays and Sundays

Reception Hours: Weekdays: 9:00 – 12:50 / 14:00 – 16:50
(April 30: 9:00 – 12:50 only)

【Health Checkup Venue (Reception)】

Health Science Center(1st floor of conference building)

【Steps for Your Health Checkup】

STEP 1 Access the Health Checkup System in advance, make your reservation, and complete the medical questionnaire.

【How to Access the Health Checkup System】
Connect to the **campus-only network** and log in using your own username and password.
<https://kenshin.hoken.yamaguchi-u.ac.jp/gakusei/>

1. Click **1**, then choose a date and time to make your reservation.
2. Click **2** and complete the online questionnaire before your health checkup.

STEP 2 Answer the Infectious Disease Survey (new students only)

3. Click **3** and answer the questions about your infectious disease history and vaccination history.

STEP 3 Come to the health checkup venue at your reserved date and time.

【What to bring】

Student ID card (Don't bring valuables.)

【Clothes】

Please refer to the “Clothing Examples” on the next page.

【Health Checkup items】

Urine test^{※1}, Height and weight, Blood pressure, Chest X-ray, Interview & confirmation of the result, (Electrocardiogram^{※2}), (Physical examination^{※2})

※1:Urine test kits will be distributed. Please choose one of the following options:

- ①Receive a kit on the day of your health checkup and submit the sample between the day after your checkup and May 15.
- ②Pick up a kit in advance and submit the sample during the following period:

Advance pickup period: April 6 (Mon) – April 15 (Wed), 9:00–16:30

Early morning urine submission: April 7 (Tue) – May 15 (Fri)

*Submission time : 8:20 – 10:30 (common for ① and ②)

*Submission location: Health Science Center (common for ① and ②)

※2:Only for those who are instructed.



Health Checkup System
(Accessible only within the campus network)



【Clothing Examples】

Please wear or bring a plain T-shirt, and come in clothing that is easy to put on and take off.
Please remove all jewelry before you come.

For the chest X-ray, you will change your upper body clothes as shown in the picture. There are no private changing rooms, so wearing easy-to-remove clothes will make the process smoother.

For the ECG test, electrodes will be placed on your chest, wrists, and ankles.
If you are wearing stockings or tights, you will need to remove them for the test.



上半身は、**無地のTシャツ1枚**になる。
(タンクトップや長袖でも可)
(発熱衣料も可)

※金具・プラスチックのついた下着
(ブラジャーなど)ははずす。

A light, plain T-shirt or a tank top (those with metal or plastic parts for adjusting shoulder straps are to be avoided) can be left on.
※Long-sleeves or thermal clothing are also OK.



■ Precautions after a health checkup

【Re-examination Notice】

We will contact you by phone or email if you need a re-examination.

If we cannot reach you, we may ask your faculty to tell you to come to the Health Science Center.

【Health Checkup Certificate】

Health checkup certificates will be issued on the dates shown in the table below.

If you need a certificate, please bring your student ID and come to the Health Science Center.

【Checking Your Results Online】

You can check your health checkup results on the Health Checkup System.

(If you access the system before the start date, your results may not be displayed correctly.)

	Certificate Issuing Starts	Online Results Available	Certificate/Results End Date
Students who underwent a health checkup according to the schedule of the Tokiwa area	May 22 (Fri)	May 29 (Fri)	March 12, 2027 (Fri)

【Contact Information】

Yamaguchi University Health Science Center
Phone: 0836-85-9041(Weekdays 8:30-12:30, 13:30-17:00)
Email: hoken-ko@yamaguchi-u.ac.jp

