

よしだちく やまぐちし  
【吉田地区/山口市 Yoshida campus/Yamaguchi Area】

れいわ ねんど しゅう き がくせい い き けんこうしんだん し  
令和6年度 秋季学生定期健康診断のお知らせ

## AY 2024 A Notice for Health Checks

か き とお けんこうしんだん じっし かなら じゅしん ひよう  
下記の通り、健康診断を実施しますので、必ず受診してください。費用はかかりません。

There will be health checks at the following times, please get your examination done. There is no fee.

うけつけばしょ  
●受付場所 Reception place

けんこうかがく した  
健康科学センター下リフレッシュルーム”Refresh Room” below the Health Science Center



うけつけにちじ  
●受付日時 Date and Time

けんこうしんだんび 健康診断日	せい べつ 性別	うけつけじかん 受付時間
10/9 (水) (Wed)	だんせい 男性 Male	9:00~12:30
	じよせい 女性 Female	14:00~16:30
10/10 (木) (Thu)	じよせい 女性 Female	9:00~12:30
	だんせい 男性 Male	14:00~16:00
	じよせい 女性 Female	16:00~16:30

じぜんよやく  
●事前予約について Advance reservation is required.

か き よやく かくじ じゅしん にちじ ねが  
下記の予約ページより、各自で受診したい日時の「Web予約」の手続きをお願いします。

けんこうしんだん じかん やく ぶん  
健康診断にかかる時間は、約30分です。

You need to make a reservation by yourself in advance through the "web reservation page".  
Health check-up takes about 30 minutes.

じぜん もんしん  
●事前Web問診について About Web interview form for Health checkup







けんこうしんだんぜんじつ  
健康診断前日までに、Web問診ページにアクセスし、回答をしてください。

Please access the web interview form for Health checkup and answer by the day before the appointment.

●Web問診・Web予約の方法 – How to access the web reservation page and web interview form-

- ・2024年10月1日から予約ができます (Reservations can be made starting from October 1st.)
- ・Web予約とWeb問診のページへのアクセスは、**学内限定**です。

The “Web reservation page” and the “Web interview Form” can **only be accessed from within the campuses.**

<p>① Web予約・Web問診ページにアクセス (QRコードまたはURL入力)</p>	<p>② 令和6年度学生健康診断についてをクリック</p>
<p>Access the webpage by QR code or URL entry.</p>  <p>http://ds.cc.yamaguchi-u.ac.jp/~hoken/hoekan/gkenkousindan/gkenkousindan.html</p>	<p>Click where the arrow point.</p> 
<p>③ Web予約・Web問診のアイコンをクリック</p>	<p>④ 自分のログイン名とパスワードを入力</p>
<p>Click where the arrow point.</p> 	<p>Log in with your own login name and password.</p> 
<p>⑤ 学生健康診断・Web予約・Web問診をクリック</p>	<p>⑥ 予約、問診入力を行う</p>
<p>Click where the arrow point.</p> 	<p>Click where the arrow point.</p> 

※健康診断前には必ず「受診上の注意」をご確認ください。

Before the health checkup, please read the Notes regarding the Health Checkup for students.

※健康診断に関するお問い合わせは、早めに健康科学センターへ

Please contact Health Science Center for inquiries on the health checkup.

TEL: 083-933-5160 E-mail:hoken@yamaguchi-u.ac.jp

## FY 2024 Notes regarding the Regular Health Checkup for students (Yoshida campus)

Please read the following points carefully. Thank you for your cooperation.

### 1. Advance reservation is required.

You need to make a **reservation by yourself in advance** through the "**Web reservation page**".

※As a general rule, please take the health checkup in affiliation campus. If you want to take the health checkup in another campus because of circumstances, please be sure to contact to the Health Science Center of your affiliation campus in advance.



### 2. Please fill in the "Web Interview Form" in advance.

Enter by the day before the appointment for health checkup.

#### ★★ When you are having a health checkup ★★

*We appreciate your understanding and cooperation in order to carry out the tests smoothly.*

- In order to avoid congestion, as a general rule, **please turn up within your reserved time.**
- Please **wear a mask** during the health checkup.
- If you have a fever or cold symptoms, you are not eligible to take the health checkup. Please do not come to the venue.

#### 【Health checkup reception】

"Refresh Room" below the Health Science Center

\*With regard to bicycles, please park them in the bicycle parking area before coming. (The area around the health checkup venue is a **no-parking area** for bicycles)

#### 【What to bring】

- **Student ID card**
- Don't bring in valuables. (There are no lockers in the health checkup venues.)

#### 【Clothes】

- Please wear clothing that can be put on and taken off quickly.
- In the chest X-ray test, **a light, plain T-shirt** can be left on. (Those with metal or plastic parts for adjusting shoulder straps and those with built-in bras are to be avoided.)
- Please remove all jewelry before you come.

### ★ Test subjects, testing order and related notes

1	Information desk	- If you have a fever, you will not be able to receive the health checkup.
2	Chest X-ray	- <b>Please wear a plain T-shirt in advance.</b> (No examination gowns available) You can only wear clothing with no buttons, decoration, print, fasteners, embroidery or built-in bra cups to prevent them from showing in the X-ray photograph. - Please remove all jewelry. - If you have long hair, please make sure to put your hair up before taking the test, so that it doesn't come down below your shoulders.
3	Urinalysis	- We hand inspection container to all. ( <b>Submit later.</b> )
4	Height and weight	- Measurement is possible while wearing socks.
5	Blood pressure	- If you are wearing a heavy top, please take it off before the test. - Relax, and your right arm will be measured.

6	<b>Interview &amp; confirmation of the result</b>	- Check the measurement results. Confirmation the input contents of the interview form, etc.
7	<b>Electrocardiogram</b>	(Applicable to only those who are instructed) - Electrodes will be attached to your wrists, ankles, and chest. Please wait with your pants rolled up. - Please take your stockings or tights off.
8	<b>Physical examination</b>	(Applicable to only those who are instructed) - Interview by a doctor.

### ★Retest notifications

Those who need re-examination will be notified in order by phone or e-mail.

If we cannot contact you, we may notify your faculty with a request to recommend you visit the Health Science Center for your retest.

Health Science Center

TEL : 083-933-5160

Mail : [hoken@yamaguchi-u.ac.jp](mailto:hoken@yamaguchi-u.ac.jp)



### ★Health certificates

The health certificate will be issued on the following schedule.

Application is at the Health Science Center reception. Student ID required.

#### Health certificate issuance period

: from November 1(Fri), 2024 to March 31(Mon), 2025

### ★Checking your health checkup results on the website

You can view your health checkup results on the Health Science Center website. In order to view the results, you need the login name and password on your "Yamaguchi University Educational Campuswide Computing System user registration card", which was distributed at the time of your admission. Since the results for some of the tests cannot be given on the day of the health checkup, please make sure to check.

\* The health checkup results viewing page can only be accessed from within the campuses.

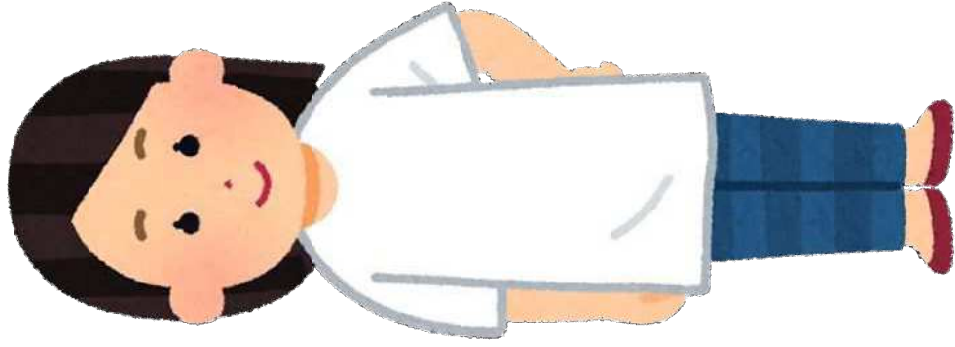
#### Health checkup results viewing start

: from November 1(Fri), 2024



## 胸部X線 (chest X ray), 心電図 (ECG) を受けられる方へ

みほん じゅんび ねが  
見本のとおり、準備をお願いします。 (Dressing sample)



上半身は、無地のTシャツ

ワ1枚になる。

(タンクトップや長袖でも可)  
(発熱衣料も可)

※金具・プラスチックのついた下着  
(ブラジャーなど)ははずす。

A Light, plain T-shirt or a tank top (those with metal or plastic parts for adjusting shoulder straps are to be avoided) can be left on.  
※Long-sleeves or thermal clothing are also OK.



<p>ボタンがついたもの buttons</p>	<p>プリントや刺繍があるもの decoration, print, embroidery,</p> <p>ポケットも pocket X</p>
<p>カップ付きインナー・スポーツブラ built-in bra, sports bra</p>	<p>金具やプラスチックがついたもの metal or plastic parts for adjusting</p>
<p>タイツ・ストッキング tights, stockings</p>	<p>ネックレス・腕時計 accessories such as necklaces, bracelets or watch</p>
<p>カイロや湿布類 pocket warmer, compress</p>	<p>※髪が長い人は肩より上で束ねましょう。 ※If you have long hair, please make sure to put your hair up.</p>