

## FY 2026 Notes regarding the Regular Health Checkup for students (Yoshida campus)

### [Date & Time]

- April 2 (Thu)–8 (Wed) All international students (except those enrolling in 2026)  
 April 9 (Thu)–17 (Fri) New students in 2026(enrolled in Yoshida area)  
 May 19 (Tue)–27 (Wed) Students who could not take the health checkup in April, 2026  
 ※ Excluding weekends.  
 ※ You need to make a reservation by yourself in advance through the Health Checkup System.

### [Venue]

”Refresh Room” below the Health Science Center, Administration Building No.1  
 (Bicycle parking is not allowed.)

### [Steps for Your Health Checkup]

**STEP 1** Access the Health Checkup System in advance and make your reservation. Then answer the medical questionnaire.

#### 【How to Access the Health Checkup System】

Connect to the **campus-only network** and log in using your own username and password.

<https://kenshin.hoken.yamaguchi-u.ac.jp/gakusei/>

1. Click **1**, then choose a date and time to make your reservation.
2. Click **2** and complete the online questionnaire before your health checkup.

**STEP 2** Answer the Infectious Disease Survey (new students only)

3. Click **3** and answer the questions about your infectious disease history and vaccination history.

**STEP 3** Come to the health checkup venue at your reserved date and time.

#### 【What to bring】

**Student ID card** (Don't bring in valuables.)

#### 【Clothes】

Please refer to the “Clothing Examples” on the next page.

#### 【Health Checkup items】

Chest X-ray, Urine test<sup>※1</sup>, Height and weight, Blood pressure,

Interview & confirmation of the result,

(Electrocardiogram<sup>※2</sup>), (Physical examination<sup>※2</sup>)

※1:Urine test kits will be handed out. (Please submit later.)

※2:Only for those who are instructed.



Health Checkup System  
 (Accessible only within the campus network)



学生健康診断サポート・健康管理システム (学生入力用)

ログイン名 Username  
 パスワード Password  
 ログイン

山口大学健康科学センター 〒753-8511 山口市吉田1677-1 TEL.083-933-5100



予約とアンケート

学生定期健康診断 健診結果

山口大学健康科学センター 〒753-8511 山口市吉田1677-1 TEL.083-933-5100



メニューを参照してください。

1 健診予約(学生)  
 2 Web問診入力(学生)  
 3 感染症罹患歴・予防接種歴

アンケート・調査

山口大学健康科学センター 〒753-8511 山口市吉田1677-1 TEL.083-933-5100

### [Important Notes]

- ・Please wear a mask during the health checkup.
- ・If you have a fever or cold symptoms, you are not eligible to take the health checkup. Please do not come to the venue.

### [Re-examination Notice]

- ・We will contact you by phone or email if you need a re-examination. If we cannot reach you, we may ask your faculty to tell you to come to the Health Science Center.

## [Health Checkup Certificate]

Health checkup certificates will be issued on the dates shown in the table below.

If you need a certificate, please bring your student ID and come to the Health Science Center.

## [Checking Your Results Online]

You can check your health checkup results on the Health Checkup System.

(If you access the system before the start date, your results may not be displayed correctly.)

	Certificate Issuing Starts	Online Results Available	Certificate/Results End Date
Students who had their checkup in April	May 12 (Tue)	May 18 (Mon)	March 12, 2027 (Fri)
Students who had their checkup in May	June 15 (Mon)	June 22 (Mon)	

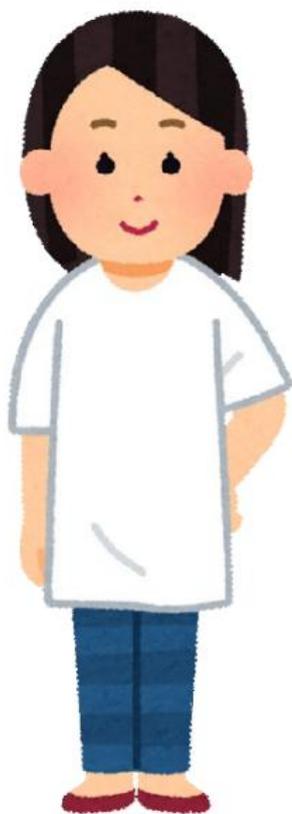
## [Clothing Examples]

Please wear or bring a plain T-shirt, and come in clothing that is easy to put on and take off. Please remove all jewelry before you come.

For the chest X-ray, you will change your upper body clothes as shown in the picture. There are no private changing rooms, so wearing easy-to-remove clothes will make the process smoother.

For the ECG test, electrodes will be placed on your chest, wrists, and ankles.

If you are wearing stockings or tights, you will need to remove them for the test.



上半身は、**無地のTシャツ1枚**になる。  
(タンクトップや長袖でも可)  
(発熱衣料も可)

※金具・プラスチックのついた下着  
(ブラジャーなど)ははずす。

A light, plain T-shirt or a tank top (those with metal or plastic parts for adjusting shoulder straps are to be avoided) can be left on.  
※Long-sleeves or thermal clothing are also OK.



<p>✗ ボタンがついたもの buttons</p>	<p>✗ プリントや刺繍があるもの decoration, print, embroidery,</p> <p>ポケットも pocket ✗</p>
<p>✗ カップ付きインナー・スポーツブラ built-in bra, sports bra</p>	<p>✗ 金具やプラスチックがついたもの metal or plastic parts for adjusting</p>
<p>✗ タイツ・ストッキング tights, stockings</p>	<p>✗ ネックレス・腕時計 accessories such as necklaces, bracelets or watch</p>
<p>✗ カイロや湿布類 pocket warmer, compress</p>	<p>※髪が長い人は肩より上で束ねましょう。 ※If you have long hair, please make sure to put your hair up.</p>

## [Contact Information]

Yamaguchi University Health Science Center

Phone: 083-933-5160(Weekdays 8:30-12:30, 13:30-17:00)

Email: hoken@yamaguchi-u.ac.jp